



Seizure Medication Planner

Consistent care. Fewer seizures. Better quality of life.



A COLLABORATIVE TOOL FOR PET PARENTS & VETERINARY TEAMS

PET'S NAME: _____  SPECIES: DOG CAT OTHER _____

DATE OF BIRTH: _____  WEIGHT (kg/lb): _____ ALLERGIES: _____

1 MAINTENANCE MEDICATIONS

Daily control medications help reduce seizure frequency.

MEDICATION NAME (Generic)	DOSE (mg or mL)	FREQUENCY (How Often)	ROUTE (Oral, Topical, etc.)	START DATE	COMMENTS (e.g., with food)

 Do not stop or change medications without consulting your veterinarian.

2 MEDICATION SCHEDULE TRACKER

Plan. Track. Stay consistent.

MEDICATION	DOSE (mg/mL)	TIME OF DAY				NOTES (e.g., with food)
		MORNING 	NOON 	EVENING 	BEDTIME 	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

 TIP: Set reminders and use a calendar or app to stay on track.

4 SEIZURE & HEALTH MONITORING

Tracking helps your vet adjust the plan.

DATE	SEIZURE(S) OBSERVED (Y/N)	DURATION (mm:ss)	TYPE (See key below)	TRIGGERS / NOTES	MED CHANGES / COMMENTS

TYPE KEY: F = Focal (partial) G = Generalized C = Cluster U = Unknown 

5 ADDITIONAL CARE & NOTES


SUPPORTIVE CARE	NOTES / QUESTIONS FOR YOUR VET	COMMON TRIGGERS
<input type="checkbox"/> Keep a calm, low-stress environment <input type="checkbox"/> Maintain regular sleep & routine <input type="checkbox"/> Avoid known triggers (if identified) <input type="checkbox"/> Provide mental enrichment <input type="checkbox"/> Hydration & balanced nutrition	_____ _____ _____ _____	<ul style="list-style-type: none"> • Missed medications • Stress / anxiety • Lack of sleep • Flashing lights • Illness / fever • Pain

3 EMERGENCY / RESCUE PROTOCOLS

For prolonged, cluster, or severe seizures.

 **When is it an emergency?**

- A seizure lasts > 5 minutes
- Multiple seizures within 24 hours
- Your pet does not fully recover between seizures
- You are instructed by your veterinarian

 **RESCUE MEDICATION**

Medication: _____

Dose: _____

Route: _____

How to give: _____

May repeat: _____
(if instructed by your vet)

 **AFTER GIVING RESCUE MEDICATION**

- Monitor your pet closely.
- Contact your veterinarian if:
 - Seizures continue
 - Rescue medication is needed more than once
 - Your pet shows weakness, collapse, or is not returning to normal

When in doubt, contact your vet or emergency clinic.

QUICK EMERGENCY GUIDE

- 1 Stay calm & ensure your pet's safety.
- 2 Time the seizure.
- 3 If seizure > 2-3 min or cluster → give rescue medication as directed.
- 4 Contact your veterinarian or emergency clinic.
- 5 Monitor until fully recovered.

 **EMERGENCY CONTACTS**

Primary Vet: _____

Phone: _____

Emergency Clinic: _____

Phone: _____

FOR VETERINARY TEAM

DIAGNOSIS: _____ SEIZURE TYPE: <input type="checkbox"/> Focal <input type="checkbox"/> Generalized <input type="checkbox"/> Unknown LIKELY CAUSE: _____ DIAGNOSTICS: <input type="checkbox"/> CBC <input type="checkbox"/> Biochem <input type="checkbox"/> UA <input type="checkbox"/> Imaging <input type="checkbox"/> Other _____ COMMENTS: _____	CURRENT PLAN: _____ _____ _____ NEXT RECHECK DATE: _____ GOALS: <input type="checkbox"/> Reduce seizure frequency <input type="checkbox"/> Improve quality of life <input type="checkbox"/> Monitor side effects VET SIGNATURE: _____ DATE: _____
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REFERENCES & RESOURCES

- International Veterinary Epilepsy Task Force (IVETF) Guidelines
- Berendt M., Farquhar R., Mandigers P. (2015). BSAVA Manual of Canine and Feline Neurology.
- De Risio L., Bhatti S., Muñana K., et al. (2015). Guidelines for diagnostic approach to epilepsy in dogs and cats. BMC Vet Res.

 **You are not alone.**
Your care makes a difference.
We're here to help.

ABOUT THIS PLANNER

Use this planner daily and bring it to all veterinary appointments. Accurate tracking helps your veterinary team make the best decisions for your pet.

